

Sickle Cell Screening Form

Please read the following information before answering the questions below:

Sickle cell disease is an inherited blood condition that can be found in a wide variety of ethnic backgrounds. If a person receives a sickle cell gene from *both* parents, they will inherit sickle cell anemia. If he/she inherits only *one* sickle cell gene, then they are said to have “sickle cell trait”.

Persons with the sickle cell trait do not have sickle cell disease and typically have no problems *with the exception that they can be at a higher risk when exercising very hard in hot conditions for heat illness problems and even death.* For this reason, WFU Sports Medicine would like to know if you have sickle cell trait or sickle cell anemia so that we can take measures to prevent these problems. (If you have the trait, it will not affect your ability to play your sport or your standing on the team.)

All newborn babies are tested for sickle cell anemia and the trait when they are born. If you (or your parent) know your status for sickle cell trait, check the correct box below.

Persons checking “yes” or “no” *will not* be offered this blood test. If you check “unsure”, you *will be* offered a blood test to test for the sickle cell trait.

Please check the appropriate box below:

Have you ever been told that you have Sickle Cell Disease? Yes
No

Do you have Sickle Cell Trait? Yes
No
Unsure

Athlete Name (please print): _____

Athlete Signature: _____ Date: _____

I am unsure about having the sickle cell trait and **I accept** the offer to be tested.

I am unsure about having the sickle cell trait, and **I decline** the offer to be tested for sickle cell trait