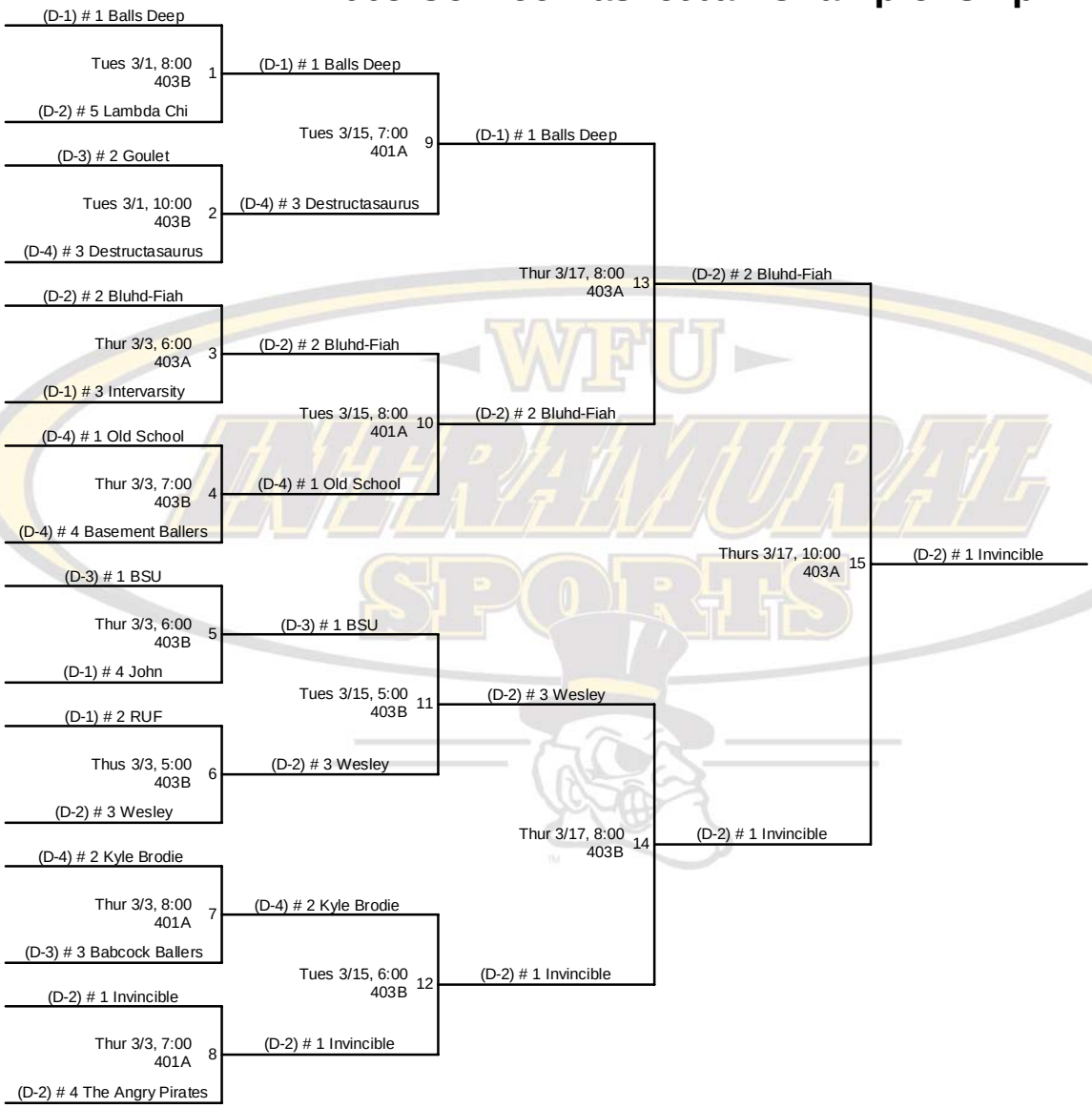2005 Co-Rec Basketball Championship