

FLORES Reference Guide for the Reimbursement of Over-the-Counter Items

In light of the recent IRS ruling allowing for the reimbursement of Over-the-Counter items through a Flexible Spending Account arrangement, the following guide has been created to provide guidance on the type of items that are reimbursable. Items to treat specific medical conditions are reimbursable however, general wellness items will continue to be non-reimbursable. Dual purpose items which may treat a specific medical condition or be used for general wellness purposes, can only be reimbursed with a physician's prescription notice stating the medical condition being treated.

Type of Expense	Product Examples	Reimbursement Status
Allergy Medicine	Actifed, Claritin, Sudafed, Vicks	Eligible Expense
Cold Relief	Dimetapp, Advil, Theraflu, Chloraseptic	Eligible Expense
Cold Sore Relief	Novitra, Abreva	Eligible Expense
Eye & Ear Treatment	Visine, Ocu Hist, Swim-ear	Eligible Expense
Foot Treatment	Micatin, Lotrimin, Fungi Care	Eligible Expense
Hemorrhoid Relief	Hemorid, Anusol, Preparation H	Eligible Expense
Jock Itch	Tinactin, Micatin, Lamisil AT	Eligible Expense
Pain Relievers	Aspirin, Advil, Ibuprofen, Excedrin, Tylenol	Eligible Expense
Smoking Cessation	Endit, Smoke Away, Nicorette, NicoDerm	Eligible Expense
Stomach Remedies	Pepcid, Prilosec, Tagamet, Zantac, Roloids	Eligible Expense
Toothache	Orajel, Zilactin, Orabase, Den Tek	Eligible Expense
Topical Products (Not cosmetic)	BenGay, IcyHot, Hydrogen Peroxide, Loline	Eligible Expense
Wart Treatment	Compound W, Dr. Scholl's, Pedifix	Eligible Expense
Yeast Infection	Monistat, Vagistate 3, Vaginex	Eligible Expense
Dual purpose items that require further documentation		
Acne Medicine	Stridex, Neutrogena, Clearasil	Requires further documentation
Dietary Supplements, vitamins	Multi Vitamins, Zinz, Vitamins-A,B,C, etc	Requires further documentation
Herbal supplements, hormones	Flax Seed Oil, Ginkgo Biloba, Herbs	Requires further documentation
Hair Growth Treatment	Nu Hair, Rogaine	Requires further documentation
Sleeping Aids	Excedrin PM, Natrol, Nytol, Unison	Requires further documentation
Weight Loss	Puralin, Cidermax, Patentlean, Dexatrim	Requires further documentation
Items that are ineligible according to the IRS		
Sun Block	Coppertone, Hawaiian Tropic, Bull Frog	Ineligible
Toiletries	Colgate, Crest, Scope, Soaps, Shampoo	Ineligible
Cosmetic Items	Crest Whitestrips	Ineligible
		10/24/2003