

Wake Forest University

Department of Health and Exercise Science

HES 382 Individual Study

Syllabus and Forms

Purpose:

To provide students with an opportunity to work closely with an HES faculty member in several aspects of the research process which may include data collection, intervention, data entry, analysis, literature review, etc. (as determined by the faculty member)

Registration:

Students are not able to pre-register for this course. Students are expected to add the course during the add period at the beginning of the semester. Students are responsible for contacting an HES faculty member and developing a plan for the individual study experience. The student and faculty member will determine the number of credit hours either 1, 1.5 or 2. The course is taken for a letter grade to satisfy the HES Major elective requirements. **Students should complete the application form (available on the web), have it signed by the faculty member, and return it to Dr. Nixon (Reynolds Gym Rm 312) during the add period.** At that time, Dr. Nixon will provide a POI number or slip to the student to register for the course.

Course Requirements:

For each credit hour, the student is expected to work 60 hrs. It is recommended that no more than 1.5 hours of credit (=90 hours of work) be taken per semester. These hours may be acquired through a variety of activities including laboratory work, intervention, data collection, computer analysis, library research, writing, etc. **The student and faculty mentor will meet in the first two weeks of the semester to determine the student's responsibilities and requirements for the letter grade which will be listed on the attached form/contract. Both the student and professor will sign the form, each keeping a copy. One copy should also be given to Dr. Nixon.**

Health and Exercise Science Department

HES 382 Individual Study

Application Form

Name: _____ Semester / yr: _____

Research Project student will be working on:

HES Faculty Member: _____

Signature of
Faculty Member: _____ Date _____

Number of credit hours: _____ (1, 1.5, or 2) (Note 1 credit hour = 60 hours of work)

Signature of Student: _____ Date _____

(Complete and return to Dr. Nixon who will then give POI.)

Health and Exercise Science Department

HES 382 Individual Study

Student-Professor Contract

Name: _____ Semester / yr: _____

Please list the responsibilities, requirements, and standards agreed upon by the student and professor for the student's individual study. (The specific letter grade will be determined by the quality of performance by the student for fulfilling the items listed.)

For the student:

I have met with

Faculty member's name

and understand that I will be graded on the items listed above for my individual study.

Student's signature

Date: _____

For the professor:

I have met with

Student's name

and have clearly delineated my expectations for the student's individual study and grade.

Faculty member's signature

Date: _____

(Please return a completed, signed copy to Dr. Nixon within the first 2 wks of the semester. Student and professor should each keep a signed copy.)