

# Wake Forest University

## Department of Health and Exercise Science

### HES 310 Applied Field Study

### Syllabus and Application Form

#### **Purpose:**

The purpose of the Applied Field Study is to provide practical experience in Health and Exercise Science or in a related area (e.g. working, volunteering, or shadowing health care worker). This experience is designed to provide greater insight into an area which is of special interest to the student. All studies must have direct application to the discipline of Health and Exercise Science and are subject to the approval of the instructor – Dr. Nixon.

#### **Registration:**

Students will need to set up the Applied Field Study experience on their own and then will fill out an application (obtainable from Dr. Nixon, Reynolds Gym Rm 312 or from the web at [www.wfu.edu](#)), have it signed by the supervisor of the experience, and return it to Dr. Nixon (Reynolds Gym Rm 312) during the add period. At that time, students should obtain a POI # or have a POI or Add Slip for Dr. Nixon to sign. The course is 1.5 credit hours and can be taken for a pass/fail grade only.

#### **Course Requirements:**

Each student is expected to spend at least 90 hours under the direction of the field study supervisor. Additional requirements and hours may be required by the field study supervisor. Students should keep a log of these hours. This may be done in any convenient manner (i.e., pay check stubs, notebook, etc). Students must also turn in a 4-5 page paper at the end of the experience. The paper in general should describe: 1) the student's responsibilities and activities, 2) what the student learned from the experience, 3) how the student benefited from the experience, and 4) how the experience helped with future education and/or career goals. The paper and log of hours are due to Dr. Nixon by the last day of the semester.

# Wake Forest University

## Health and Exercise Science Department

### Application for HES 310 Applied Field Study

Student Name \_\_\_\_\_ Semester/Year \_\_\_\_\_

Please describe the nature of the Applied Field Study. In particular, describe the duties to be performed, the dates and hours involved, where the study will take place, and the benefits to be derived as a result of participating in the study. (Complete and return to Dr. Nixon who will then give POI.)

Requirements: 90 hrs of participation in the applied experience (for 1.5 hours credit) and 4-5 page paper on the experience (due last day of semester).

Supervisor of Field Study: \_\_\_\_\_

Supervisor's Title: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Place of Employment: Phone #: \_\_\_\_\_

Student's Signature \_\_\_\_\_ Date \_\_\_\_\_