

CNS 744B: COUNSELING INTERNSHIP (COMMUNITY)

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Please call us at any time is there is an emergency related to one of your clients.

Text

Various assigned readings.

Course Requirements

1. **Work in your community agency site & participate in work activities as assigned by your site supervisor:**
 - Review Policy & Procedure Manual of the site
 - Adhere to ethical guidelines of ACA
 - Contact your site supervisor and/or your university supervisor *immediately* if you have knowledge or suspect someone may be at risk of harm to self or others

2. **Counseling**
 - Determine your goals for the semester in regard to specific counseling skills, site knowledge, self awareness, and professional growth & development. Turn in your goals to me during our first individual supervision session.
 - Submit counseling tapes (a minimum of 3). Please turn in tapes at least 2 days before individual supervision. Select at least 1 tape for group presentation.
 - Tapes should be cued in advance to segments for particular focus.
 - **Please complete *Tape Review Form* and turn it in with each tape.**
 - Please use either the Oral Case Presentation guidelines or the guidelines you used during practicum to prepare for your presentation to the group.
 - *Turn in your logs at the beginning of October, November, and December to Becki Fulton's box.*

You & your site supervisor need to determine your internship work hours & any scheduled time off – treat this just like a professional job. You are their employee in legal terms & need to follow all their policies & procedures – e.g., dress code, timeliness to work, confidentiality regulations, ethics, & professional conduct, etc.

3. Project

- As the semester progresses, determine a unique contribution you can make to your site. Discuss this with your site and faculty supervisors before mid-October. It may be a semester-long project or a year-long project.
 - Submit a brief (2-3) page written description of your contribution by Dec. 10.
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Group Supervision Goals:

In supervision, you will be challenged to do ongoing self-assessment of your counseling skills and abilities. You will also be challenged to reflect on your own reactions, biases, and development. The following are examples of activities which may occur in the supervision meetings:

- ❑ Structured activities
- ❑ Unstructured group process and feedback
- ❑ Role play
- ❑ Tape critiques
- ❑ Selected reading as assigned

Be mindful of your strengths and opportunities for growth. ***Ask for help as needed.*** Be prepared to present cases in group supervision to obtain feedback from your peers. You are encouraged to journal about your experiences. If you would like supervisory feedback regarding your journal, please let us know.

Evaluation

We will base our part of your internship grade on the following:

Logs & Professional Conduct on site	30%
Case presentations	15%
Completion of tapes and tape reviews	15%
Project - Contribution	10%
Active participation in weekly supervision	30%

During internship, your primary supervisor will be your site supervisor, with whom you will meet weekly for supervision. Typically, we meet with individuals for supervision approximately once a month, with the expectation that we will discuss one or more tapes during supervision. **PLEASE MAKE EVERY EFFORT TO BEGIN TAPING AS SOON AS POSSIBLE, EVEN IF THE TAPES ARE ONLY FOR YOUR OWN PERSONAL REFLECTION.**

Fall Individual Supervision Assignments

John	Debbie
Kevin	Shahnaz
Amanda	Karen
George	Beth
Katie Lee	Lolly